

# **samedicino gamoyenebis instruqcia**

**როფერონი® -ა  
ROFERON®-A  
interferoni alfa-2a**

## **1. aRwera**

### **1.1. wamlis Terapiuli/farmakologiuri klasi**

antivirusuli da simsivnis sawinaaRmdego saSualeba

### **1.2. dozis forma**

roferoni-a moewodeba mza saineqcio xsnaris saxiTY

### **1.3. miRebis wesi**

kanqveSa ineqcia

### **1.4. Tvisobrivi da raodenobrivi Semadgenloba**

*aqturi nivTiereba: interferoni alfa-2a*

TiToeuli mza Sprici (erTi saineqcio doza) Seicavs 3, 4.5, 6, 9 an 18mln s.e. interferon alfa-2a-s 0,5ml-s. TiToeuli kartriji Seicavs 18 mln s.e, interferon alfa-2a-s 0,6 ml-s da gamoyeneba Roferon®Pen-Tan erTad, saineqciod

## **2. klinikuri maxasiaTeblebi**

### **2.1. Terapiuli Cvenebebi**

roferoni alfa-2a° dadebiTad naCvenebia Semdegi mkurnalobebisaTvis

*limfuri sistemis da sisxlbadi sistemis simsivnuri warmonaqmnebi:* balanovanujredovani leikozi; mielomuri daavadeba; kanis T- ujredovani limfoma; qronikuli mieloleikozi; Trombocitozi mieloproliferaciuli daavadebebis dros, araxojkinis limfoma avTvisebianobis dabali xarisxiT.

*soliduri simsivneebi:* kapoSis sarkoma SidsiT daavadebul avadmyofebSi anamnezSi oportunistuli infeqciebis gareSe;

Sors wasuli Tirkmlis karcinoma; metastazirebuli melanoma;

melanoma qirurgiuli rezeqciis Semdeg (simsivnis sisqe>1,5mm) limfuri kvanZebis dazianebis da Sors wasuli metastazebis gareSe.

*virusuli daavadebebi:* qronikuli aqturi hepatiti B mozdilebSi, romleTac gaaCniaT virusuli replikaciis markerebi, anu dadebiTi arian HBV-dnm-ze, dnm-polimerazaze an HBeAg-ze; mozdilebSi qronikuli aqturi hepatiti C, romlebsac SratSi aRenisnebaT antisxeulebi hepatiti C-s virusis mimarT an HCV rnm SratSi da alaninaminotransferazas aqtivobis momateba RviZlis dekompensaciis niSnebis gareSe (bavSvebis klasi A-s mixedviT); wvetiani kondiloma.

roferoni alfa-2°-s miRebis optimaluri gza, qronikuli C herpatitis mqone pacientebisaTvis, aris miReba ribavirinTan erTad. wamlebis amgvari kombinacia dadebiTadaa naCvebebi pacientebisaTvs, romlebsac adre ar umkurnalialaT, da aseve im pacientebisaTvis, romlebic adre Rebulobdnien interferon alfas da Semdeg Sewyvites mkurnaloba.

## **2.2. doza da miReba**

roferoni-a iniSneba kanqveSa ineqciis saxiT. ix. informacia kopegusis Sesaxeb, rodesac roferoni-a iniSneba ribavirinTan erTad

### **2.2.1. specialuri miTiTebebi dozis Sesaxeb**

*balanovanujredovani lekozi:*

sawyisi doza Seadgens 3 mln.se dReSi kanqveSa SeyvaniT, 16-24 kviris ganmavlobaSi. preparatis autanlobis SemTxvevaSi doza mcirdeba 1,5mln. se-mde an Seyvanis jeradoba mcirdeba 3-mde kviraSi, an orive erTad .

*SemanarCunebeli doza:* 3mln. 3 jer kviraSi. preparatis autanlobis SemTxvevaSi doza mcirdeba 1,5 mln. se-mde 3 jer kviraSi.

*mkurnalobis xangrZlivoba:* 6 Tvis ganmavlobaSi, ris Semdeg eqimi gansazRvravs gaagrZelos mkurnaloba (dadebiTi efeqt) Tu Sewyvitos igi (uaryofiTi efeqt). mkurnaloba grZeldeba 20 Tve.

*mielomuri daavadeba:*

sawyisi dozaa 3mln. se 3 jer kviraSi. individualuri amtanianobis mixedviT, doza yovel kviras izrdeba maqsimalur tolerantul dozamde (9-18mln. se) 3 jer kviraSi.

*mkurnalobis xangrZlivoba:* am sqemiT mkurnaloba grZeldeba ganusazRvrelad, Tu daavadeba ar progresirebs an sanam ar ganviTardeba preparatis mimarT gamoxatuli autanloba.

*kanis T-ujredovani limfoma:*

preparats gaaCnia gamoxatuli efeqt avadmyofebSi progresirebadi kanis T-ujredovani limfomiT, maT Soris avadmyofebSi refraqterobiT tradiciuli Terapiis mimarT an avadmyofebSi, romlebic ar eqvemdebarebian mis Catarebas.

*sawyisi doza:* avadmyofebSi 18 wlis asakis zeviT, preparati iniSneba 12 kviris ganmavlobaSi, dozis TandaTanobiTi gazrdiT 18 mln. se-mde. dozis momateba xorcieldeba Semdegi sqemis mixedviT :

1-3 dRe \_ 3mln. se dReSi;

4-6 dRe \_ 9mln. se dReSi;

7-84 dRe \_ 18 mln. se dReSi.

*SemanarCunebeli doza:* 3 jer kviraSi maqsimaluri amtani doziT, magram arauometes 18mln. s.e.

*mkurnalobis xangrZlivoba:* avadmyofi iRebs preparats aranakleb 8 kviris ganmavlobaSi, umjobesia \_ 12 kviris, ris Semdeg eqimi gansazRvravs gaagrZelos mkurnaloba (dadebiTi efeqt) Tu Sewyvitos igi (uaryofiTi efeqt). mkurnaloba SeiZleba gagrZeldes 40 Tvis ganmavlobaSi permanentulad. mkurnalobis optimaluri xangrZlivoba dadgenili ar aris. avadmyofebi, romlebic dadebiTad reagireben Catarebul mkurnlobaze, agrZeleben mas aranakleb 12 Tvis ganmavlobaSi, raTa maqsimalurad gaizardos sruli remisiis miRwevis da misi gaxangrZlivebis albaToba.

yuradReba:

*qronikuli mieloleikozi:*

preparati ramdenime dRis ganmavlobaSi amcirebs Trombocitebis ricxvs, Trombohemoragiuli garTulebebis sixSires da ar gaaCnia leikozogenuri potenciali. amitom avadmyofebSi Zlieri TrombocitoziT qronikuli mieloleikoziis da sxva mieloproliferaciuli daavadebebis dros, rekomendebulia preparatiT araleikozogenuri Terapiis Catareba.

*rekomendireboli doza:* 18 wlisa da ufro didi asakis pacientebisaTvis 3-9mln s.e. dReSi, 8-12 kviris ganmavlobaSi qronikuli mieloleikoziis dros TrombocitoziT rekommendebulia mkurnalobis Semdegi sqema dozis TandaTanobiTi momatebiT:

1-3 dRe \_ 3mln. se dReSi;

4-6 dRe \_ 6mln. se dReSi;

7-84 dRe \_ 9 mln. se dReSi.

*mkurnalobis xangrZlivoba:* avadmyofebi iReben preparats aranakleb 8 kvirisa, umjobesia \_ 12 kvira, ris Semdeg eqimi gansazRvravgs gaagrZelos mkurnaloba (dadebiTi efeqt) Tu Sewyvitogigi (uaryofiTi efeqt). Trombocitozi mieloproliferaciuli daavadebebis dros (qronikuli mieloleikozis garda) rekomendebulida dozis TandaTanobiTi momatebis Semdegi sqema: 1-3 dRe \_ 3mln. se dReSi; 4-30 dRe \_ 6mln. se dReSi. *mkurnalobis xangrZlivoba:* Trombocitebis ricxvis normis farglebSi SesnarCuneblad saWiroa kargad asatani dReRamuri doza 1-3mln. se kviraSi 2-3 jer. Tumca saWiro yoveli avadmyofisaTvis individualurad SeirCes maqsimaluri doza.

*araxojkinis limfoma avTvisebianobis dabali xarissiT:*

preparatis damatebiTi daniSvnisas qimioTerapiasTan (sxivuri Terapia an mis gareSe) preparati axangrZlivebs sicocxlis unarianobas recidivis an progresirebis gareSe.

preparati iniSneba standartuli qimioTerapiis Semdeg, rogorc SemanarCunebeli Terapia (sxivuri TerapiasTan an mis gareSe) doziT 3mln. se kanqveS 3 jer kviraSi 12 Tvis ganmavlobaSi. preparatiT mkurnaloba iwyeba avadmyofis mdgomareobis gaumjobesebis Semdeg, qimio- an sxivuri Terapiis Catarebidan 4-6 kviris Semdeg.

roferoni-aA iniSneba erTdroulad qimioTerapiis tradiciul sqemasTan (magaliTad, kombinacia ciklofosfamidTan, prednizonTan, vinkristinTan, doqsorubicinTan) doziT 6mln. se/m<sup>2</sup> kanqveS an kunTebSi 22 dRidan 26 dRemde yoveli 28 dRiani ciklis dros. aseT SemTxvevaSi mkurnaloba iwyeba erTdroulad qimioTerapiasTan.

*kapoSis sarkoma Sidsis fonze:*

*sawyisi doza:* 18 wlis asakis da zeviT avadmyofebSi, preparati iniSneba kanqveS an kunTebSi 8-12 kviris ganmavlobaSi, dozis TandaTanobiTi momatebiT 18mln.se mde, SesaZleblobis SemTxvevaSi \_ 36mln. se-mde.

rekomendebulida mkurnalobis Semdegi sqema dozis TandaTanobiTi momatebiT:

1-3 dRe \_ 3mln. se dReSi;

4-6 dRe \_ 9mln. se dReSi;

7-9 dRe \_ 18 mln. se dReSi., kargi amtanianobis SemTxvevaSi doza izrdeba 10-84 dRes 36mln.se-mde.

*SemanarCunebeli doza:* kanqveS an kunTebSi 3 jer kviraSi maqsimalurad asatani doziT araumetis 36mln. se-sa.

*mkurnalobis xangrZlivoba:* mkurnalobaze reaqciis dasadgenad saWiroa simsivnis dinamikis dokumenturi asaxva. avadmyofebi iReben preparats aranakleb 10 kvirisa, umjobesia \_ 12 kvira, ris Semdeg eqimi gansazRvravgs gaagrZelos mkurnaloba (dadebiTi efeqt) Tu Sewyvitogigi (uaryofiTi efeqt). Cveulebriv efeqt vlindeba mkurnalobidan 3 Tvis Semdeg. mkurnaloba grZeldeba zedized 20 Tve. mkurnalobis optimaluri xangrZlivoba dadgenili ar aris. klinikuri efeqtis miRebis Semdeg mkurnaloba grZeldeba simsivnis gaqrobamde.

SeniSvna:

*Sors wasuli Tirkmlis ujredovani kibo:*

avadmyofebSi simsivnis recidiViT an metastaziT saukeTeso Terapiuli efeqt aRiniSneba preparatis didi dozebiT daniSvnisas (36mln. se dReSi) monoTerapiis saxiT an preparatis zomieri dozebi (18mln. se 3 jer kviraSi) kombinaciaSi vinblastinTan, monoTerapiasTan SedarebiT, zomieri dozebiT 3 jer kviraSi. avadmyofebSi, romlebic iReben preparatis mcire dozebs (2mln. se/m<sup>2</sup>) dReSi efeqt ar aRiniSneba. preparatis kombinacia vinblastinTan iwvevs msujuqi da zomieri leikopeniis sixSiris momatebas da granulocitopenias, monoTerapiasTan SedarebiT.

a) *monoTerapia roferon-a-Ti:*

*sawyisi doza:* kanqveS an kunTebSi 8-12 kvis ganmavlobaSi, dRiuri dozis TandaTanobiTi momatebiT 18mln. se-mde, SesaZleblobis SemTxvevaSi \_ 36mln.se-mde. rekomendebulia dozis momateba Semdegi sqemiT:

1-3 dRe \_ 3mln. se dReSi;

4-6 dRe \_ 9mln. se dReSi;

7-9 dRe \_ 18 mln. se dReSi., kargi amtanianobis SemTxvevaSi doza izrdeba me-10-84 dRes \_ 36mln.se-mde dReSi.

*SemanarCunebeli doza:* kanqveS an kunTebSi maqsimalurad asatani doziT araumetes 36mln. se.

*mkurnalobis xangrZlivoba:* avadmyofebi iReben preparats aranakleb 8 kvis, umjobesia \_ 12 kvira, ris Semdeg eqimi gansazRvrav gaagrZelos mkurnaloba (dadebiTi efeqt) Tu Sewyvitos igi (uaryofiTi efeqt). mkurnaloba grZeldeba zedized 16 Tve. mkurnalobis optimaluri xangrZlivoba dadgenili ar aris.

*b) roferoni-a A+ vinblastini:*

pirvel kvis roferoni-aA iniSneba doziT 3mln. s.e. 3 jer kviraSi, meore kvis \_ 9mln. se 3 jer kviraSi, Semdeg \_ 18mln. se 3 jer kviraSi. am periodis ganmavlobaSi vinblastini SeyavT intravenurad doziT 0,1mg/kg 3 kviraSi erTxel.

Tu 18 mln s.e. doza samjer kviraSi autanelia, maSin igi SeiZleba Semcirdes 9 mln s.e.-mde, samjer kviraSi

mkurnaloba grZeldeba minimum 3 Tvis ganmavlobaSi, maqsimum 12 Tvis an daavadebis progresirebamde. sruli dadebiTi pasuxisas pacientebs mkurnaloba SeiZleba SeuwydeT sami Tvis Semdeg

*melanoma qirurgiuli rezeqciis Semdeg:*

adiuvanturi Terapia roferon-a-s mcire dozebiT avadmyofebSi limfuri kvanZebis dazianebiT da Soreuli metastazebis gareSe melanomis rezeqciis Semdeg (simsivnis mocoluba >1,5mm) axangrZlivebs maT sicocxles recidivis gareSe.

*rekomendirebuli doza:* 3mln. se 3 jer kviraSi, 18 Tvis ganmavlobaSi, da unda daiwyos qirurgiuli operaciis Semdeg araumetes 6 kvis Semdeg.

*metastazuri melanoma:*

*rekomendirebuli doza:* 18mln. se kviraSi, an pacientisaTvis asatani maqsimaluri doza, sul mcire 12 kvis ganmavlobaSi.

mkurnalobis rekomendirebuli xangrZlivobaa aranakleb 12 kvira, ris Semdeg eqimi gansazRvrav gaagrZelos mkurnaloba (dadebiTi efeqt) Tu Sewyvitos igi (uaryofiTi efeqt). mkurnaloba grZeldeba zedized 24 Tve.

*qronikuli virusuli hepatiti B:*

*rekomendirebuli doza:* Cveulebriv iniSneba 4,5-9 mln. 3 jer kviraSi, 4-6 Tvis ganmavlobaSi. SemdgomSi dozis regulireba xdeba wamlis mimarT pacientis tolerantobis mixedviT. Tu mkurnalobis dawyebidan 3-4 TveSi mdgomareobis gaumjobeseba ar SeiniSneba, SesaZloa ganxilul iqnas mkurnalobis Sewyvetis sakiTxi.

hepatiti B-s mqone 2 wlisa da ufro didi asakis bavSvebSi preparati doziT 7,5mln s.e./m<sup>2</sup> usafrTxo da efeqturia

*qronikuli virusuli hepatiti C:*

*kombinirebuli Terapia roferon-a-Ti da ribaviriniT:*

interferon-alfa-2a-s efeqturoba izrdeba misi kombinaciis dros ribavirinTan. mxolod roferoni-a pacientebs unda mieceT im SemTxvevaSi, Tuki isini ver eguebian ribvirins an es wamali ukunaCvenebia maTTvis

roferon-a-s dozirebis reJimi: 3 mln. s.e. 3 jer kviraSi 6 Tvis ganmavlobaSi.

kombinirebuli Terapia roferon-a-Ti da ribaviriniT aranamkurnaleb avadmyofebSi: roferon-a-s dozirebis reJimi 4,5mln. se 3 jer kviraSi 6 Tvis ganmavlobaSi.

klinikuri cdebiT mirebuli monacemebi interferoni lfa-2°-sa da ribavirinis kombinirebuli Terapiis sesaxeb, efuzneba 6-Tviani mkurnalobis sedegebs. magram, pacientis individualuri maxasiaTeblebidan gamomdinare (mag. genotipi) qronikuli C hepatitis standartuli mkynalobis xangrZliovobaa 6-dan 12 Tvemde.

ribavirinis rekommendirebul dozasTan dakavSirebiT, ix. instruqciebi kopegusis Sesaxeb  
*monoTerapia roferon-A –Ti:*

sawyisi doza: 3-6mln. s.e. 3 jer kviraSi 3 Tvis ganmavlobaSi.

Tu SratSi alaninaminotransferazas normalizeba mkurnalobis sam Tvis Semdeg ar dafiqsdirda, ganixileba mkurnalobis Sewyvetis sakiTxi.

pacientebs, romlebic kargad eguebian an nawiobroiv an srulad dadebiTi pasuxi aqvT roferon-a-Ti mkurnalobze, magram uaryofiTi pasuxi aqvT Sewyvetaze, SeuZliaT ganaaxlon mkurnaloba an miiRon am swamlis ufro didi doza

*wvetiani kondiloma:*

1-3se 3-jer kviraSi, 1-2 Tvis ganmavlobaSi.

## 2.3. winaaRmdegCveneba:

roferon-a ukunaCvenebia Semdeg SemTxvevebSi:

- momatebuli mgrZnobeloba preparatis da masSi Semavalni komponentebis mimarT;
- gulis arsebuli an gadatanili daavadebebi; preparatis pirdapiri kardiotonur moqmedebaze miTiTeba ar arsebobs, Tumca SesaZlebelia, rom mwvave, damoukideblad gamqrali toqsiuri efeqtebi (magaliTad, sxewis temperaturi momateba, cxeleba), romlebic xSirad aRiniSneba preparatiT mkurnalobis dros, iwveven gulis daavadebebis gamwvavebas;

- Tirkmelebis da RviZlis funqciis mZime darRvevebi da sisxlmbadi sistemis mieloiduri zrdis mxriv mZime darRvevebi;

- krunCxvebi an centraluri nervuli sistemis funqciis darRveva;

- qronikuli hepatiti gamoxatuli dekompensaciiT an RviZlis cirozi;

- qronikuli hepatiti, Tu avadmyofebi iReben an adre iRebdnen imunodepresantebs, gamonaklisia steroidebiT xanmokle mkurnaloba;

- qronikuli mieloleikozi, Tu avadmyofs gaaCnia HLA- identuri naTesavi da mas unda Cautardes an axlo momavalSi mosalodnelia Zvlis tvinis alogenuri transplantacia;

- kombinirebuli Terapiis Catareba ribavirinTan \_ ix. winaaRmdegCveneba ribavirinis gamoyenebisas.

## 2.4. gafrTxileba da sifrTxilis zomebi:

### 2.4.1. zogadi

roferoni-a-s daniSvna saWiroa eqimis meTvalyureobis qveS, romelsac gaaCnia mkurnalobis gamocdileba Sesabamisi CvenebiT. aucilebelia avadmyofis informireba rogorc mkurnalobis upiratesobaze, aseve mosalodneli gverdiTi movlenebis Sesaxeb.

RviZlis, Tirkmelebis da Zvlis tvinis funqciis msujuqi da zomieri darRvevis dros aucilebelia maTi funqciis monitoringi.

**RviZlis funqcia:** preparati sifrTxiliT iniSneba avadmyofebSi qronikuli hepatitiT Tanmxlebi autoimunuri daavadebebiT.

Tu preparatiT mkurnalobis dros ganviTarda RviZlis sinjebis mxriv paTologiuri cvlilebebi, saWiroa maTi monitoringi an preparatis moxsna.

**Zvlis tvinis supresia:** gansakuTrebuli sifrTxiliT preparati iniSneba avadmyofebSi mZime mielosupresiiT, radganac preparati Trgunavs zurgis tvinis funqciias, rac iwvevs leikopenias (gansakuTrebiT granulocitebis), Trombocitopenias da iSviaTad hemoglobinis koncentraciis Semcirebas. es ganapirobes infeqciis gazrdis risks an sisxldenas. aucilebelia am avadmyofebze dawesdes monitoringi da regularulad Catardes sissxlis analizis kontroli.

**infeqciebi:** imis gamo, rom cieba SeiZleba dakavSirebuli iyos gripis sindromTan interferoniT mkurnalobisas, yuradReba unda mieqces sxva mwvave ciebebsac, gansakuTrebiT neitropeniis mqone pacientebSi. seriozuli infeqciebi (virusuli, baqteriuli, sokovani) aRiniSna alfa interferonebiT, maT oris roferon-a-Ti mkurnalobisas. aseT dros dauyovnebliv unda inas dawyebuli antiinfeqciuri mkurnaloba da ganxiluli unda iqnas roferoniT mkurnalobis Sewyvetis sakiTx.

**fsiqiatria:** mwvave fsiqiatriuli gverdiTi movlenebi SeiZleba gamouvlindes pacientebs, romlebic mkurnaloben interferonebiT, maT Soris roferon-a-Ti. depresia, suicidis mcdelobebebi, SeiZleba aReniSnos pacientebs, romlebsac anamnezSi hqondaT an ar hqondaT fsiqiatriul daavadebebi. amitom, roferoni-a didi sifrTxiliT da yuradRebiT unda mieces depresiis mqone pacientebs, raTa ar ganviTardes msgavsi gverdiTi movlenebi, am wamliT mkurnaloba ki dauyovnebliv unda Sewydes depresis simptomebis warmoSobisTanave.

**oftalmologia:** iseve rogorc sxva interferonebis miRebis SemTxvvaSi, SesaZloa warmoiSvas retinauri srteriis an venis trombozi, papiloedema, ramac SeiZleba mxedvelobis dakargva gamoiwvios am wamliT mkurnalobisas. amitom, Tu pacienti am mxriv raime garTulebas, an mxedvelobis daqveiTebas uCivis, unda seumowndes Tvalebi mkurnalobis dawyebamde, radgan amgvari garTulebebi SesaZloa sxva garemoebetiTac iyos gamowveuli. es rekomendirebulia diabetis an maRali wnevis pacientebisaTvisac. axali oftalmologiuri garTulebebis warmoSobis an gauaresebis SemTxvevaSi, pacients roferon-a-Ti an roferon/ribaviriniT mkurnaloba unda Seuwydes

**hipermgrZnobeloba:** seriozuli, mwvave hipermgrZnobelobiTi reaqciebi (mag. urtikaria, angioedema, anafilaqsis) iSviaT SemTxvevebSi gamovlinda alfa interferonebiT, maT Soris interferoni alfa-2-iT mkurnalobisas. Tu aseTi reaqciebi progresirdeba roferon-a-Ti an roferon/ribaviriniT mkurnalobisas, maSin mkurnaloba dauyovnebliv unda Sewydes da dainiSnos Sesabamisi Terapia. gamonayaris SemTxvevaSi mkurnalobis Sewyveta aucilebeli ar aris

**endokrinuli funqcia:** pacientebs, romlebic mkurnaloben roferon-a-Ti, iSviaT SemTxvevebSi SeiZleba aReniSnoT hiperglicemia. symptomatur pacientebs unda SeumowndeT glukozis Semcveloba sisxlSi, da Sesabamisad unda warimarTos maTi mkurnaloba. Saqriani diabetis mqone pacientebs SeiZleba dasWirdeT antidiabeturi reJimis koreqcia.

**autoimunuri funqcia:** Aalfa-interferonebiT Lmkurnalobis dros zog SemTxvevebSi pacientebs aReniSnaT sxvadasxva antisxeuilebis ganviTareba. interferoniT Terapiisasa autoimunuri daavadebebis klinikuri gamovlinebebi ufro xSirad gvxvdeba imunuri darRvevebisadmi midrekilebis mqone pacientebSi.

alfa-interferonebis gamoyeneba iSviaT SemTxvevebSi asocirebulia fsorizis gamwvavebasTan. avadmyofebSi transpalantaciis Semdeg (magaliTad, Tirkmelebis an Zvlis tvinis) medikamentozuri imunosupresia SesaZleblia iyos naklebad efeqturi, radganac interferons gaaCnia mastimulirebeli moqmedeba imunur sistemaze. sxva interferonebis msgavsd, roferonis-a-s miRebis fonze aRwerilia transplantantis mocilebis reaqcia.

## 2.4.2. avtomanqanis marTvisa da meqanizmebTan muSaobis SesaZleblobebi

preparatis dozirebis reJimis da avadmyofis individualuri mgrZnobelobis mixedviT, roferon alfas SeuZlia imoqmedos yuradRebis koncentraciaze avtomobilis marTvisas da meqanizmebTan muSaobisas.

#### **2.4.3. urTierTqmedeba sxva preparatebTan da urTierTqmedebis sxva formebi**

alfa-interferons SeuZlia gamoiwvios aRdgeniTi metaboluri procesebis darRveva sistema citoqrom P450-s RviZlis mikrosomuli fermentebis aqtivobis SemcirebiT. es gasaTvaliswinebelia preparatis erTdrouli daniSvnisas im saSualebebTan, romlebic metabolizms ganicdian am gziT. aRwerilia Teofilinis klirensis Semcireba maTi erTdrouli daniSvnisas.

interferonebi aZliereben adre an masTan erTdroulad daniSnuli neirotoqsiuri, hematotoqsiuri an kardiotoqsiuri preparatebis moqmedebas. urTierTqmedeba SesaZlebelia centraluri moqmedebis preparatebis erTdrouli daniSvnisas.

kombinirebuli Terapiis Catareba ribavirinTan \_ ix. urTierTqmedeba ribavirinis gamoyenebisas C hepatitis mqone pacientebSi.

### **2.5. gamoyeneba specialur populaciebSi**

#### **2.5.1. orsuloba**

mamakacebi da qalebi preparatis gamoyenebisas unda iyenebdnen kontracepcii saimedo meTodebs. orsulobis periodSi preparatis daniSvna warmoebs im SemTxvevaSi, Tu misi sargebianoba aRemateba mosalodnel risks. Tumca kvleva ar adasturebs preparatis teratogenur efeqts, ar aris gamoricxuli, rom man uaryofiTad imoqmedos nayofze. rodesac makaka-rezusSi preparati iniSneboda didi dozebiT, romelic aRemateba klinikaSi rekommendebul dozebs, mniSvnellovnad izdeboda abortebis raodenoba.

ucnobia, gadadis Tu ara preparati dedis rZeSi. ZuZuTi kvebis Sewyveta an preparatis moxsna am periodSi wydeba dedis mdgomareobidan gamomdinare.

benzilis spiriti, romelic Sedis preparatis SemadgenlobaSi Semavsebelis saxiT, SesaZloa gadis placentur bariers. preparatis daniSvnisas uSualod mSobiarobis win an sakeisro kveTis win, aucilebelia gaTvaliswinebuli iqnas misi zemoqmedeba dRenaklul axalSobilebze.

roferoni-a ribavirinTan EerTad, orsul qalebs ar unda mieces. orsuli qalebisa da maTi partniorebisaTvis am wamliTa da ribaviriniT kombinirebuli Terapia dauSvebelia efeqturi kontracepcii saSualebebis gamoyenebis gareSe. ix. gafrTxilebis zomebi ribavirinis gamoyenebisas da qronikuli C hepatitis mqone pacientebSi.

#### **2.5.2. laqtacia**

cnobili ar aris, gamoiyofa Tu ara roferoni-a dedis rZeSi. amitom, gadawyvetileba imis sesaxeb, gaugzeldes Tu seuwydes mezuZur dedas am wamliT mkurnaloba miiReba imis gaTvaliswinebiT, Tu ramdenad mniSvnellovania es wamali dedisaTvis.

### **2.6. gverdiTi movlenebi:**

qvemoT moyvanil gverdiT movlenebs adgili hqondaT avadmyofebSi ssvadasxva avTvisebiani simsivnuri daavadebebiT, romlebic refraqterulni iyvnen wina mkurnalobis mimarT an imyofeboden daavadebis bolo stadiaSi, aseve avadmyofebSi qronikuli hepatiti B-Ti da qronikuli hepatiti C-Ti. ixileT agreTve `gvrediTi efeqtebi~ kopegusis gamoyenebis instruqciebSi

#### **2.6.1. klinikuri kvlevebi**

*zogadi simptomebi: sixSire:* gripismagvari sindromi (moTenTiloba, sxelis temperaturis momateba, cxeleba, umadoba, kunTebis, Tavis da saksrebis tkivili, oflianoba). aRniSnuli movlenebi mcirdeba an gaivlis paracetamolis erTdrouli daniSvnisas da maTi gamoxatuleba mkurnalobis periodSi preparatis dozis Semcirebisas sustdeba, Tumca mkurnalobis gagrZelebisas SesaZloa ganviTardes Zilianoba, sisuste da moTenTiloba.

*kuW-nawlavis traqtis mxriv:* xSirad: onkologiuri avadmyofebis 1/3-Si viTardeba anoreqsia, naxevarSi – gulisreva. sakmaod xSirad – Rebineba, gemos Secvla, piris simSrale, sigamxdre, diarea, susti an zomieri xasiaTis muclis tkivili. iSviaTad – yabzoba, meteorizmi, peristaltikis gaZliereba, gulZmarva, wylulovani daavadebis gamwvaveba, sicocxlisaTvis arasaxifaTo sisxldena kuW-nawlavis traqtidan, RviZlis funqciis mZime darRvevebi.

*RviZlia funqciaebi: (ix. qveTavi laboratoriuli cvlilebebi).*

*centraluri nervuli sistemis mxriv:* xandaxan – sistemuri da arsistemuri Tavbrusxveva, mxedvelobis darRveva, fsiqiuri mdgomareobis gauareseba, gulmaviwyoba, depresia, Zilianoba, cnobierebis dabindva, qceviTi darRvevebi (SiSi, nerviuloba) da Zilis darRveva. iSviaTad – suiciduri ideebi, suicidis mcdeloba, suicidi; Zlieri Zilianoba, krunCxvebi, koma, Tavis tvinis sisxlis mimoqcevis darRveva, tranzitoruli impotencia.

*mxedelobiTi darRvevebi:* zogjer: mxedvelobis gaZneleba. iSviaTad: iSemiuri retinopaTia. Zalze iSviaTad: retinopaTia, maT Soris retinaluri hemoragia da e.w. "bambis-magvari laqebi" baduraze (cotton-wool spots), papiloedema, retinaluri arteriebis da venebis Trombozi, optikuri neiropTia.

*periferiuli nervuli sistema:* zogjer: paresTeziebi, kidurebis dabuJeba, neiropTia, qavili, tremori.

*gul-sisxlZarRvTa da sasunTqi sistema:* xSirad: onkologiuri avadmyofebis 1/5-Si aRiniSneba tranzitoruli arteriuli hipo- da hipertenzia, SeSupeba, cianozi, ariTmia, taqikardia da tkivili gulmkerdSi.

*iSviaTad:* xvela, qoSini, filtvebis SeSupeba, pnevmonia, gulis SegubebiTi ukmarisoba, gulis da sunTqvis gaCereba, miokardiumis infarqti. avadmyofebSi hepatitiT B darRvevebi gul-sisxlZarRvTa sistemis mxriv aRiniSneba Zalian iSviaTad.

*kani, kanis danamatebi, lorwovani garsebi:* xSirad: avadmyofTa 1/5-Si aRiniSneba msujuqi da zomieri Tmis cvena, romelic mkurnalobis Sewyvetis Semdeg atarebs gardamaval xasiaTs. iSviaTad: herpesuli gamonayaris gamwvaveba tuCebze, gamonayari, qavili, kanis da lorwovani garsebis simSrale, gamonadeni da sisxldenebi cxviridan, fsoriazis gamwvaveba an manifestacia.

*Tirkmelebi da Sardgamomyofi sistema:* iSviaTad: Tirkmelebis funqciis gauareseba, Tirkmelebis ukmarisoba (ZiriTadar, onkologiur avadmyofebSi Tirkmelebis daavadebiT an erTdrouli mkurnaloba nefrotoqsiuri preparatebiT), eleqtrolituri darRvevebi, gansakuTrebiT anoreqsisiis an organizmis dehidrataciis dros, proteinuria, ujreduli elementebis momateba Sardis naleqSi, azotis Sardovanis momateba sisxlSi, kreatininis da SardmJavas koncentraciis momateba SratSi (ix. qveTavi laboratoriuli cvlilebebi)..

*svxa:* iSviaTad: hiperglikemia, reaqcia ineqciis adgials, autoimunuri paTologia (vaskuliti, arTriti, hemolizuri anemia, farisebri jirkvlis funqciis darRveva, mglurasmsgavsi sindromi). Zalian iSviaTad: usimptomo hipokalciemia. makaka-rezusebSi didi dozebis daniSvnisas, romelic aRemateba klinikaSi gamoyenebul dozebs, aRiniSneba menstrualuri ciklis tranzitoruli darRveva, maT Soris menstruaciis periodis gaxangrZliveba. am monacemebis mniSvneloba adamianisaTvis dadgenili ar aris.

kombinirebuli Terapiis Catareba ribavirinTan – ix. gafrTxilebis zomebi kopegusis gamoyenebis instruqciebSi da qronikuli C hepatitis mqone pacientebSi.

iSviaT SemTxvevebSi, rodesac interferoni, roferon-a-s CaTvliT, gamoiyeneba kopegusTan kombinaciaSi, SeiZleba warmoiSvas pancitopenia, Zalze iSviaTad ki – aplastikuri anemia

### **2.6.1.1. laboratoriuli cvlilebebi**

*RviZlis funqiis darRveva:* xandaxan: alaninaminotransferazas, tutovani fosfatazas, laqtatdehidrogenazas, bilirubinis koncentraciis momateba, rac saWiroebs dozis koreqciias. iSviaTad: transaminazebis aqtivobis cvalebadoba B hepatitis dros, rac mowmobs avadmyofis klinikuri mdgomareobis gaumjobesebaze; Zalian iSviaTad – RviZlis funqiis mZime darRveva, RviZlis ukmarisoba.

*sisxlbadi sistema:* sakmaod xSirad – tranzitoruli leikopenia (ar iTxovs dozis Semcirebas), avadmyofebSi mielosupresiiT – Trombocitopenia, hemoglobinis koncentraciis Semcireba. xandaxan – hemoglobinis da hematokritis koncentraciis Semcireba. mZime hematologiuri cvlilebebis aRdgena sawyis maCveneblebamde aRiniSneba 7-10 dRis Semdeg mkurnalobis Sewyvetidan.

### **2.6 postmarketinguli gamocdileba**

sxva interferonebis msgavsad, pacientebSi, romlebic iRebdnen roferons-a, aRwerilia transplantantis mocilebis reaqciebi.

### **2.7. Warbi doza**

monacemebi preparatis Warbi dozirebis Sesaxeb ar moipoveba, Tumca interferonis didi dozebis ganmeorebiTi gamoyenebisas aRiniSneba Rrma leTargia, moTenTiloba, prostracia da koma. aseTi avadmyofebi eqvemdebarebian hospitalizacias da Sesabamisi Terapiis Catareas.

## **3. farmakologiuri Tvisebebi da efeqtebi**

### **3.1.1. moqmedebis meqanizmi**

roferoni-a-s antivirusuli moqmedeba ganpirobepulia ujredebSi rezintentobis inducirebiT virusuli infeqciebis mimarT. igi agreTve iwvevs imunuri sistemis sapasuxo reaqciis modulirebas, romelic mimarTulia virusebis neitralizaciisaken an maT mier dainficirebuli ujredebis ganadgurebaze.

### **3.1.2. klinikuri/efeqturobis kvlevebi**

adamianis simsivnur ujredebSi, romlebic damuSavebulia preparatiT (ujredebSi HT-29), sarwmunod mcirdeba dnm-s, rnm-s da cilis sinTezi. laboratoriulad dadgenilia, rom preparats gaaCnia antiproliferaciuli moqmedeba adamianis simsivneebze da Trgunavs adamianis simsivnis zogierTi qsenotransplantatis zrdas ~titvel~ TagvebSi. bunebriv pirobebSi preparatis antiproliferaciuli aqtivoba Seswavlilia iseT sismsivneebze, rogoricaa sarZeve jirkvlis karcinoma da brma nawlavis da ganivi kolinjis adenokarcinoma, aseve winamdebare jirkvlis. misi antiproliferaciuli aqtivoba cvalebadobs.

balanovanujredovani leikozisa da SidsTan dakavSirebuli kapoSis sarkomas mqone pacientebSi, roferon-a-s SeuZlia mniSvnlovnad Seamciros kibos ganviTareba an moaxdinos daavadebis stabilizeba. es wamali aseve efeqturad moqmedebs progresirebadi mielomas SemTxvevaSi

roferon-a-s efeqturoba vlindebamilogenuri leikemias filadelfiis pozitiuri qromosomas qronikuli fzis pacientebSi, warmoqmnis ra 60%-ian hematologikur remisias, mixedavad wina mkurnalobis Sedegisa. aseT pacientTa or mesameds sruli hematologiuri pasuxi daudginda mkurnalobis dawyebidan 18 TveSi. amasTan, citotoqsikuri qimioTerapiisagan gansxvavebiT, interferoni alfa-2° 40 Tveze meti xniTaa mdgradi citogenurad.

interferoni-a axangrZlivebs dadebiT efeqts qimioTerapiasTan erTad kombinirebuli mkurnalobisas (radioTerapiiT an mis gareSe), dabali xarisxis avTvisebianobis xojkinis limfomas mqone pacientebSi, aseve kompensirebadi qronikuli B da C hepatitis mqone pacientebSi da condilomata acumiata-s mkurnalobisas.

### **3.2. farmakokinetikuri Tvisebebi**

#### **3.2.1. absorbcia**

kunTebSi an kanqveS Seyvanis Semdeg preparatis bioSeRwevadoba Seadgens 80%-s. preparatis 36mln. se doziT kunTebSi Seyvanis Semdeg misi maqsimaluri koncentracia SratSi meryeobs 1500-dan 2580pg/ml-mde (saSualod 2020 pg/ml), xolo kanqveS Seyvanis Semdeg \_ 1250-dan 2320pg/ml-mde (saSualod 1730pg/ml) da AaRiniSneba Sesabamisad 3,8 da 7,3 saaTis Semdeg.

#### **3.2.2. ganawileba**

preparatis gamoyenebisas doziT 3 -dan 198 mln. se –mde farmakokinetika adamianSi atarebs xazovan xasiaTs. 36mln. se intravenuri Seyvanisas janmrTel moxaliseebSi mocolobis ganawileba wonasworul mdgomareobaSi meryeobs 0,22-dan 0,75l/kg-mde (saSualod 0,40l/kg). rogorc janmrTel moxaliseebSi, aseve avadmyofebSi metastazirebuli kiboTi aRiniSneboda SratSi interferoni alfa-2a –s individualuri meryeoba.

#### **3.2.3. metabolizmi**

##### *metabiolizmi da eliminacia*

alfa-interferonis eliminaciis ZiriTadi gza Tirkmlismieri metabolizmia. RviZlismieri metabolizmi da eliminacia naRveliT warmoadgens gamoyofis naklebad mniSvnelovan gzas. janmrTelebSi naxevargamoyofis periodi 36mln. se interferoni alfa-2a-s intravenuri infuziis Semdeg Seadgens 3,7-8,5 saaTs (saSualod 5,1 saaTi), saerTo klirensi \_ 2,14-3,62 ml/wT/ze (saSualod 2,79 ml/wT/kg).

#### **3.2.4. eliminacia**

ix. 3.2.3. metabolizmi

#### **3.2.5. farmakokinetika specialur populaciebSi**

interferoni alfa-2a –s erTjeradad kunTebSi Seyvanis Semdeg avadmyofebSi metastazirebuli kiboTi da qronikuli B hepatitiT farmakokinetikuri maCveneblebi igevea, rac janmrTel moxaliseebSi. 198 mln. se erTjeradi Seyvanis Semdeg aRiniSneba dozadamokidebuli Sratismieri koncentraciis gazar. interferoni alfa-2a –s ganawileba da eliminacia misi 2 jer dReSi Seyvanisas doziT 0,5-36mln. se, an erTxel dReSi \_ doziT 1-54mln. se, an 3 jer kviraSi doziT 1-136mln. se, 28 dRis ganmavlobaSi ar icvleba.

28 dReze meti xnis ganmavlobaSi dReSi 1-jer an metad i.v. gamoyenebisas aRiniSneba 2-4jer Sratismieri koncentraciis gazar zogierT metastazirebuli kiboTi daavadebul pacientebSi, vidre erTjeradi dozebiT gamoyenebisas. Tumca mavaljeradi gamoyeneba ganawileba da eliminacia parametrebs ar cvlis arsebuli kvlevebis monacemebiT.

meti informacia ribavirinis farmakokinetikis Sesaxeb ixileT kopegusis gamoyenebis instruqciasSi.

### **3.3. wina-klinikuri usafrTxoeba**

### **3.3.1. zemoqmedeba ganayofierebaze**

*ix. orsuloba da gamoyeneba gansakuTrebujgufebSi*

### **3.3.2. teratogenuroba**

*ix. orsuloba da gamoyeneba gansakuTrebujgufebSi*

## **4. farmacevtuli maxasiaTeblebi**

eqsipientebi: ammoniumis acetati, natriumis qloridi, benzilis spirti, polizorbat 80, yinulovani ZmarmJava, natriumis hidroqsidis xsnari.  
saineqcio wyali.

### **4.1. Senaxva**

*mza Spricebi da kartrijebi*

dauSvebelia preparatis gamoyeneba paketze miTiTebuli vargisianobis vadirgasvis Semdeg. 2-8°C temperaturaze, sinaTlisagan dacul adgilze. ar gayinoT

### **4.2. gansakuTrebuli miTiTebibi preparatis mopyrobis Sesaxebs:**

*kartrijebi*

mralvaljeradi kartrijebi gankuTvnilia mxolod erTi avadmyofisaTvis. maTi gamoyeneba xorcieldeba Spric-kalamis saxiT \_ `roferoni-peni~. Spric-kalamTan da kartrijTan erTad gamoiyeneben nems `penfaini~. Tumca SesaZlebelia zogierTi sxva nemsis gamoyeneba. yoveli ineqciisaTvis iyeneben axal sterilur Sprics. kartrijis gamoyeneba xorcieldeba 30 dRis ganmavlobaSi pirveli dozis amoRebis Semdeg. kartrijis pirveli gamoyenebis TariRi unda aRiniSnos mis etiketze da igi webdeba kolofze Spric-kalamiT.

`roferon-penis~ gamoyenebis vrceli instruqcia aris Spric-kalamis SefuTvaSi.

*gamoyenebuli mza Spricebis/kartrijebis ganadgureba:*

mkacrad unda davicvaT Semdegi miTiTebibi:

- ar gamoviyoT ganmeorebiT gamoyenebuli nems/mza Sprici
- gamoyenebuli nems/mza Sprici movaTavsoT Sesabamis konteinerSi
- SevinaxoT bavSvebisgan dacul adgilas
- gamoyenebuli nems/mza Sprici ar unda moxvdes saojaxo nagavSi
- ganadgureba unda moxvdes lokaluri moTxovnebis Sesabamisad/an jandacvis muSakis konsultaciis mixedviT.

binaze gamoyenebis SemTxvevaSi saWiroa pacients miewodos Sesabamisi konteineri.

*gamouyenebeli an vadagasuli preparatis ganadgureba*

garemoSi da gamdinare wyalSi preparatis moxvedra unda maqsimalurad aviridoT. Tu xelmisawvdomia Tqvens regionSi, gamoiyeneT specialuri “Sesagrovebeli sitemebi”.

### **4.3. SefuTva:**

roferion-a xsnari, 3 mln s.e./0,5ml mza SpricSi 1

roferion-a xsnari, 4,5 mln s.e./0,5ml mza SpricSi 1

roferion-a xsnari, 6 mln s.e./0,5ml mza SpricSi 1

roferion-a xsnari, 9 mln s.e./0,5ml mza SpricSi 1

roferion-a xsnari, 18 mln s.e./0,5ml mza SpricSi 1

roferion-a xsnari, 18 mln s.e./0,6ml kartrijSi i 1

### **SeinaxeT bavSvebisaTvis xelmiuwvdomel adgilze**

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kartrijebi:

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Vetter Pharma-Fertigung GmbH & Co. KG-s mier, ravensburgi, germania